



September
2009

Women's Traffic and Transportation
Club of Baltimore

***WTTC'S TRAFFIC
"TIPS"***

BALTIMORE, MARYLAND

WTTC'S TIPS

Women's Traffic and Transportation Club of Baltimore

HOT OFF THE PRESS

MESSAGE FROM WTTC PRESIDENT

Dear Members,

We are off and running with so many good things in the works for you. To start with, our new "TIPS" editor, Siouzanne van Alphen has brought us into the current century with an on line version of our newsletter. Our goal is to provide you with timely information and to save our trees and money by not sending out printed copies, if it's not necessary.

At our regular meetings, we will continue to focus on each mode of transportation. You can look forward to hearing from representatives from the trucking, rail, steamship, and intermodal industries. We will also maintain our wonderful traditions of Past Presidents and Working Women's Luncheon. And because, we all need to take a break and have some fun, you can look forward to the Shrimp Feast and a Christmas Party. Stay tuned to your emails for details on each meeting.

We have also booked the Sparrows Point Country Club and the Boulevard Diner for our meetings and still managed to stay within our budget. I send a personal note of thanks to Joan Buedel who helped me with this.

Thanks to all of you for your tremendous support of our club. Please continue to offer your help, insight and ideas.

Warm Regards,

Mary Jane Norris

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Upcoming Events

Saturday 19 September 2009

The Baltimore Harbor WATERKEEPER's 2nd Annual Trash Bash will be held from 2:30-8:30 PM at Nick's Fish House, 2600 Insulator Drive, in the shadow of the Hanover Street Bridge. (3 bands), food, beverage, environmental displays and more. General admission tickets are \$25.00 (ten for \$225). Sponsorship opportunity abound. For tickets and more info call (410) 366-3038 or visit their website at www.baltimorewaterkeeper.org

Wednesday 23 September 2009

Pride of Baltimore's 21st Birthday and her victory in the Tall Ships Atlantic Challenge Race from Bermuda to Charleston, SC. Enjoy an evening of great food, conversation and festivities to benefit Pride of Baltimore II. The special VIP sponsor reception runs from 4:30 to 5:30 PM on board the Pride. The main event runs from 5:30 to 8:30 PM. Both events will be held at the Canton Exchange Bldg. 1801 S. Clinton Street. For sponsors info, questions or additional information, contact: Janet Caslow – janet@pride2.org or 410-539-1151. Tickets are \$65.00 per person and can be obtained by calling 888-557-7433.

Friday 2 October 2009

Living Classrooms Foundation "Maritime Magic 2009" from 6:30 PM to 12:30 AM at the Frederick Douglas-Isaac Myers Maritime Park, 1417 Thames Street in Fell's Point. Great food, great sounds, great ambience, great cause. Tickets are \$110 in advance and \$120 at the door. For additional information please call (410) 685-0295 ext. 209 or visit www.livingclassrooms.org

Wednesday 7 October 2009

The Baltimore International Seafarers' Center Annual Harbor Cruise aboard the Duchess of Pintail. The cruise commences at 4:45 PM and returns to pier 5 Pratt St. at 7 PM. Tickets are \$50.00 and include soft drinks, beer, wine and "happy hour" snacks. A cash bar is also available. For more information on sponsorships, tickets and to RSVP reply directly to the BISC at (410) 685-1280 or e-mail at maryhtdavisson@aol.com. Deadline for reservations is 18 September 2009.

Tuesday 13 October 2009

Cowan Terminal Tour – This is a Council of Supply Chain Management Professionals Meeting.

Wednesday 14 October 2009

Women's Traffic Club Monthly Dinner Meeting – Sparrows Point Country Club – Topic: Steamship Line Service – More details to follow in October Newsletter.

Sunday 25 October 2009

The Baltimore Museum of Industry will hold a special afternoon celebration recognizing the 60th anniversary kick-off of WMAR's television series. The Port That Built A City and State at 2 p.m. October 18, 2009, in the BMI building at 1415 Key Highway.

Tuesday 10 November 2009

Going Green, Port of Baltimore - This is a Council of Supply Chain Management Professionals Meeting.

Friday 13 November 2009

Sail Baltimore Phillips Foods World Headquarters-Tickets \$60 each (10 for \$500) in advance; or \$75 at the door. A celebration to benefit Sail Baltimore, live music, cocktails, delicious fare, silent auction and great fun! Contact Sail Baltimore 410 522 7300 or www.sailbaltimore.org

January 2010

A reminder: The Baltimore Port Alliance Annual Bull and Oyster Roast and the BPA legislative Reception will take place toward the latter part of the month. So, stay tuned for details.

February 2010

WTTC Past President's Luncheon

April 2010

WTTC Annual Shrimp Feast to take place in the middle to latter part of the month. Stay tuned in for details.

Women's Traffic & Transportation Club
Public Announcement

LINTHICUM, MD - The TWIC Enrollment Center has opened a new facility as of 7/31/09

- **Facility Information**

Address: Linthicum TWIC Enrollment Center: 605
Global Way, Suite 117 Linthicum, MD 21090-2222

For additional information and updates on the TWIC program and on the TWIC Enrollment Center, please visit

<http://twicinformation.tsa.dhs.gov>.

WTTC Recognitions

Woman of the Year 2009

Peggy Zulkowski



We remember all the deceased members of our club on the celebration of its 75th anniversary

JOB FRONT - OPPORTUNITIES

Samuel Shapiro & Co. CSR Manager – Baltimore Location responsible for the management and mentorship of the Company's transportation customer service (CST group in customer service and transportation.

CONTACT:

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Health Corner

5 Ways to Harness Antioxidant Power

1. Load up on "indirect" antioxidants, which fuel your body's own antioxidant production. These include sulforaphane, found in broccoli and broccoli sprouts, Brussels sprouts, and other cruciferous vegetable; curcumin, found in the curry spice turmeric and in supplements; and the antioxidants in licorice, shallots, tonka beans and the herbs milk thistle and ashwaganda.
2. Steer clear of mega doses of single "direct" antioxidants, like vitamins C or E. In excess, they can backfire and promote more free radical production.
3. Take antioxidants in combination. They have a synergistic effect.
4. Get your produce fresh and close to home. Studies show antioxidant potency fades within a few days.
5. Steam your vegetables: It enhances their antioxidant power.

September Birthdays

Kuchta, Carol - September 1
 Phillips, Marty – September 6
 Bucolo, Emily – September 9
 Dyches, Mena – September 10
 Zehfuss, Lori – September 12
 Milligan, Cynthia– September 14
 van Alphen, Siouzanne – September 14
 Gerber, Dorothy-Retired- September 16
 Fulcher, Phyllis– September 19
 Ferro, Anne - September 24

Welcome New Members

Janell Rotella with Samuel Shapiro & Co., Inc.

WTTC CONTACT

For this Newsletter
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E-mail: siouzanne@gmail.com

Please forward your
 announcements and/or
 suggestions via email no later
 than the 25th of each month.

Thank you.

Reminder

Member profile sheets and annual dues
 can be sent to Bridget Lowy.

Bridget's Contact details: Dartrans, Inc.6610 Tributary St.

Baltimore, MD 21224 – Email: blowy@dartrans.com

Phone: (C) 410-691-8955 or (W) 410-633-4450

The Women's Traffic & Transportation Club of Baltimore
Officers 2009-2010

President

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Treasurer

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Governors: (2008-2010)

Nora L. Barker – Retired

Margaret (Peggy) Zulkowski (H) 410-391-3511
Belt's Distribution Center (W) 410-633-6935
608 Folcroft Street pzulkowski@beltslogistics.com
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Governor: (2009-2010)

Kathi Smero (H) 410-931-2030
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7066 Golden Ring Road
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Governor: (2009-2010) and Historian

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789 Elkridge Landing Road, Suite 100 ccalhoun@tbbgl.com
Linthicum, MD 21090

The Women's Traffic & Transportation Club of Baltimore
Committees 2009-2010

Budget and Auditing:	Joan Buedel
Centerpieces / Door Prizes	Mary Lusher
Charity	Diane Pachillis
Finance/ Shrimp Feast	Judy Zambotti-Wall
House Reservations	Maggie Dix
Membership	Paige Schisler
Parliamentarian	Michelle Dorsey
Past President's Luncheon	Ellen Upman
Personal Attendance	Doris Hornberger
Projects/ 50-50	Carol Mahoney
Publicity	Mary Jane Norris
Roster	Peggy Zulkowski
Scholarship	Luanne Ciaccio
Traffic "TIPS"	Siouzanne van Alphen
Trip and Tours	Gloria Weber
Website	Kathi Smero